



HEY RADHEY KARUNAMAYI PUBLIC CHARITABLE TRUST



विधवा एवं असहाय माताओ को आश्रय, नित्य हरिनाम संकीर्तन वैष्णव सेवा

Brief update for the month of April 2021

Radhe Radhe,

Greetings from Vrindavan! With the support offered by you, last month we were able to undertake following services. I thank each one of you for your generous support and pray at the feet of Radha Rani to bless you with abundance joy in your life and inspire you to continue to support this much needed seva.

1.Celebration of Festivals: Holi festival was celebrated with lots of joy. Matas (all elderly women are respectfully addressed as Matas) enjoyed Holi with flowers and colors. One of the Mataji said that she is so happy that she found her joyful family again, as she is playing holi after 12 long years.



2.Rama Navami was celebrated with several Matas observing fast, followed by Pooja and Prasad. Special prasad was offered during Navaratri. These celebrations bring so much joy and Matas can feel that they are once again back with their families. Support us to observe more such events with much more festivities.



3.Ekadas Vrit: As per the Vaishnava tradition, Matas observe fast and conduct longer Kirtan on Ekadasis. Special prasad – Phalahar (fruits, milk-kheer and nuts) was offered and distributed on Ekadasis.



4.Sadhuseva and Dwadasi Prasad: A special Seva was offered to Sadhus and Matas. All were served with prasad with sweets. The Sadhus were offered Dakshina by one of our Supporting donor. You too can come forward to organize such Sadhuseva and Prasad Seva for Matas.

5.Improved Nutrition: We are glad to share that one of our devotees has been kind to offer donation for providing daily milk and another has arranged for provision of vegetables. With this support we were able to provide nutritious meals and take care of healthy diet and can improve health and minimize illness and medical expenses. Occasionally, we are also able to distribute vegetables and ration to the poor and elderly women living in our neighbourhood. We request for more donors to come forward to offer this essential seva.

Shyama Didi Vriddha Ashram, Panighat Chauraha, Parikrama Marg, Vrindavan – 281121, Mathura, U.P., India



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6.Improving quality of bed-side and Personal Care:

We have 8 Matas who are bed-ridden and need care. In addition, several are very weak and need assistance to move them around. They all need caretakers to wash, feed, give medicines from time to time, dress them up and maintain hygiene and cleanliness to prevent bedsores. One of our supporting donors has come forward to pay for caretaker's charges. With this support we have increased the number of caretakers now from 2 to 3. With this improvement, the bed-side and personal care has improved. This is not enough; we need couple of more caretakers. We request your monthly contribution for adding more caretakers and to train them on bed-side caregiving skills.



7.Medical Care and Treatment: For medical treatment we were able to send our Matas to the hospital run by the Ramakrishna Mission. But, due to COVID situation, it is difficult to get this service now. So, we have arranged for a private practitioner to visit us on need basis to take care of basic illness and refer for other serious medical conditions. This system is working well so far. We are taking all the necessary COVID precautions and trying to maintain good health. 38 of our Matas having Adhaar Card received COVID vaccine too.





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In addition, one of our supporting members has arranged to provide medicines for primary care. But, we are in need of more support to purchase medicines prescribed for hypertension, heart conditions, diabetes and other chronic conditions. Hope some of you with contacts in the medical field will be able to offer this much needed support.

8. Haridwar Maha Kumbh: I along with few other Ashram members participated at the Haridwar Mahakumbh with the purpose of Shahi Snan, Sant Darshan and also seek blessings to spread the seva and get support from others. It was a very blissful experience of 4 days from 10-14 April. But, we had to curtail our meetings and visits to safeguard ourselves from COVID. However, we managed to meet and share the Ashram Seva work with few devotees.



9. Plans for the coming months:

- ❖ Include more Caretakers to improve the bed-side and personal care. Also provide them training.
- ❖ Improve the nutrition, regular meals, milk and vegetables
- ❖ Provide medical care and treatment with the help of qualified doctors
- ❖ Continue daily Kirtan, Yoga and Satsang
- ❖ Follow all precautions to prevent COVID infection including regular screening and timely referrals.
- ❖ Mobilize resources for purchase of land for constructing own Ashram, Temple and Gau Shala so that much more needy can be served.

10. Current Reach:

- ✓ MATAS CURRENTLY SERVING – 80+
- ✓ MATAS IN THE COMMUNITY SERVING – 70
- ✓ MATAS SERVED SO FAR – 300+

This seva is possible only because of generous donations. We need ongoing support to maintain all these seva and improve the physical condition and infrastructure to provide quality care and descent living for all the Matas.



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BANK DETAILS FOR MAKING DONATIONS

A/C Name: Hey Radhey Karunamayi Public Charitable Trust

Bank: Punjab National Bank

Branch: Vrindavan, Mathura

Account No.: 0463000101052013

IFSC Code: PUNB0046300

Paytm/GPay No.: 9760477193 (Shyama Dasi); and UPI ID: 9760477193@paytm

Please send donation details to Shyama Dasi on WhatsApp No.: 9760477193, along Name, PAN and Address.

Radhe Radhe,

Shyama Dasi



Our Team of Volunteers and Staff